Continuing Education in Nursing – Think About Your Credits

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Outline

- About the program
- Your role and responsibilities as a professional
- Current educational opportunities at the JGH
- Questions
The OIIQ has been working for four years on establishing an appropriate continuing education standard for its members.

- Evidence-based findings on continuing education carried out by a task force
- Analysis of the different policy statements by other professional orders.
- The Order settled on a professional continuing education standard establishing the required number of hours at 20 hours a year, to be reported annually.
- The number of hours in fact corresponds to what most nurses do at present.
- The standard is also quite flexible, in that it recognizes a wide range of training activities.
The Continuing Education Program

Starting on January 1, 2012:

- 20 hours of continuing education yearly
- 13 hours of non-accredited hours
- 7 hours of accredited hours
**Special Considerations**

- The number of continuing education hours is the same for a Nurse working part time or full time;
- The number of hours cumulated over the reference period (from January 1st to December 31st) may exceed the number of hours stipulated by the professional standards;
- The number of declared accredited continuing education hours may be superior to the minimal number of hours stipulated by the professional standards;
Special Considerations

- Continuing education hours exceeding the professional standards shall not be reported to the next reference period;

- Specialized Nurse Practitioners must undergo 80 hours of continuing education as stipulated in OIIQ’s document entitled: “Lignes directrices sur les modalités de la pratique de l’infirmière praticienne spécialisée (2006)”
Criteria for Continuing Education Activities

- Continuing education activities must be in direct relation to nurses’ professional practice.
- Must be oriented towards developing skills pertinent to nursing or transversal competencies necessary to the practice of nursing.
Eligible Activities

* Training offered by a college or university, subsequent to basic training
* Continuing education activities organized by the OIIQ
* Continuing education activities organized by an employer
* Training offered by a group, professional association or recognized expert in a specialized field
Eligible Activities

- Attending lectures, symposia, scientific committees in a clinical environment, conventions, workshops or seminars
- Reading professional and scientific articles, discussing case histories, taking part in reading clubs or mentorship / preceptorship programs
- Preparing presentations for lectures
- Writing (and publishing) relevant nursing articles or publications
To be considered "accredited," nurses' continuing education activities must be recognized by certified organizations authorized to deliver or issue certificates, training credits or training units or continuing education units.

Each nurse must attend 7 hours of accredited continuing education.
Examples of Accredited Hours

- Continuing education activities developed by the OIIQ (e.g. diabetes, physical exam, etc.)
- Continuing education activities recognized by institutions that can deliver, for example, a certificate for continuing education activities (e.g. CNA, ACLS, International Board of Certified Lactation Consultant)
- Course credits (leading to a certificate or diploma) (e.g. microprogram in critical care)
- Continuing education credits (e.g. Medscape)
- Continuing medical education credits, training units or continuing education credits (e.g. Medscape, online training)
Registry of Continuing Education Activities

- OIIQ working on an online registry that should be available in the Spring
- Nurses must enter their continuing education hours including the number of hours devoted to accredited vs non-accredited activities.
- Continuing education activities must be entered and available for five years.
Every nurse must keep a record of all proofs of continuing education activities (e.g. CPR certificate, continuing education credits, attendance to a continuing education activity, etc.) as well as any other document that can demonstrate attendance to continuing education activities (e.g. copy of articles read, webinars seen, etc.)
Exceptions

* If a member has not been able to meet the requirements of the professional standard during the reference period, she cannot be entered on the Roll unless she can show that she was unable to take part in continuing education activities for one of the following reasons:
Exceptions

- Absent from work on sick leave for over six months
- Struck from the Roll or suspended for over six months
- On maternity or parental leave
- Declared that she had retired from nursing
- Entered on the Roll for less than one year
- Working outside Quebec
What if I do not comply with the continuing education standard?

* Not complying with the professional requirement related to continuing education cannot lead in itself to a complaint at the syndic level.

* However, this information will be taken into consideration and used if a formal complaint related to nurses Code of Ethics is made.
Employers’ Role in Continuing Education

What is the responsibility of an institution with regards to continuing education?

* Although achieving the continuing education standard is an individual requirement for the nurse, employers may play a role in offering continuing education activities that will contribute to achieve the continuing education standard and improve quality of care and patient safety.
Current Educational Opportunities

- Considered non-accredited hours
  - Workshops
  - Critical Care Course Level I & Level II
  - Nursing Grand Rounds
  - Quality and Safety Grand Rounds
  - Conferences
  - Department of Nursing Annual Symposium
  - Journal Clubs
  - Unit-based education
  - Code Blue Fair
  - Scholarly work
Workshops

- Available hospital-wide
- Evidence-based programs
- Focused on specialized topics
- 1-4 days long
Workshops Available

- Basic EKG Interpretation
- Intermediate EKG Interpretation
- Preceptor Development Workshop
- Nurse In Charge
- Infection Prevention Control Update
- Pressure Ulcer Workshop
- Nursing Care of Cancer Patients
- Diabetes Workshop
- Communication
- OMEGA
- Grief, Death & Dying
- The Fifth Vital Sign - Pain Management
- Critical Care Courses Level I & II
Critical Care Course-Level I

- 3-day course
- Offered as part of nursing orientation
- Allows nurses to gain comfort in identifying and responding to emergencies
- Uses a case-based approach
- Integrates evidence-based clinical knowledge
- Provides an overview of physiology, common diagnoses, and nursing management for various body systems
Critical Care Course-Level II

- Involves theory days and preceptored days over a 12-week period
- To help nurses acquire advanced clinical knowledge for practice in critical care
- Includes topics such as:
  - EKG interpretation
  - Hemodynamic monitoring
  - Pacemaker therapy
  - Intra-aortic balloon pump therapy
  - Multisystem disorders
  - Ethical issues
Nursing Grand Rounds

* Monthly on Wednesdays at 10am
* Forum to share expertise, innovations and new developments in the profession
* Can include
  * Research studies
  * Case studies
  * Best practices on selected interventions
  * Research literature on selected themes
Upcoming Nursing Grand Rounds

* February 8th  
  Humanization of Care

* February 22nd  
  Medicine

* March 7th  
  VTE Awareness Month

* April 18th  
  Critical Care

* May 9th  
  Nurses' Week

* June 13th  
  Maternal-Child Health
Quality & Safety Grand Rounds

- Held monthly on Fridays at 12pm
- Present a variety of topics related to patient safety
- By workgroups/committees at the JGH
- Examples include
  - How to reduce catheter-associated urinary tract infections
  - Prevention of venous thromboembolism
  - Pressure ulcer prevention
Conferences

- Funding available to attend conferences
- Associated with professional nursing associations
- Examples include
  - *Ordre des infirmières et infirmiers du Québec*
  - Canadian Nurses’ Association
  - Society for Vascular Nursing
  - Canadian Association of Critical Care Nurses
  - Canadian Pain Society,
  - Canadian Association of Nurses in Oncology
  - Association of Women’s Health, Obstetrics and Neonatal Nursing
Department of Nursing
Annual Symposium

* Held annually in May
* Sponsored by the JGH Nursing Department
* Renowned and recognized experts in nursing are invited as guest speakers
* Brings together nurses and other health care professionals from within Montreal, the Quebec community and neighboring parts of the USA
* Past speakers:
  * Judith Shamian, president and CEO of VON Canada
  * Irmajean Bajnok, Director of International Affairs and Best Practice Guidelines Programs
  * Stephanie Staples, Founder of the Nurses Wellness Institute
  * Sean Clarke, Associate Director of the Center for Health Outcomes and Policy
Department of Nursing Annual Symposium

Educating Nurses: A Call for Radical Change

Keynote speaker:
Patricia E. Benner, RN, PhD, FAAN

Professor Emerita
Department of Social and Behavioral Sciences
University of California, San Francisco

Renowned nursing educator and author of From Novice to Expert, Power in Nursing Practice and Educating Nurses: A Call for Radical Change

Save the date: May 4, 2012

www.jghNursing-Soinsinfirmiershjg.org
Certifications

- Capillary Blood Glucose Monitoring
- Central venous access devices
- Continuing Epidural Analgesia
- Continuing peripheral nerve block
- Patient controlled analgesia
- Nephrostomy tube care
- Infusion and feeding pumps
- Defibrillation
- Neonatal resuscitation program
- Fetal monitoring certification
Unit-Based Education

- In-Services
  - New equipment
  - Policy and procedure updates
  - New and interesting research
  - Analysis of case studies
  - Incident reviews
  - Clinical updates
Unit-Based Education

- Nursing Rounds
  - Discussion and analysis of patient and family situations together with the Head Nurse and/or Clinical Nurse Specialist/Nursing Education Consultant
Code Blue Fair

- Nurses rotate through different stations relating to emergency situations
  - Airway management
  - Suction equipment set-up
  - Beat the clock/emergency drugs
  - Heimlich manoeuvre/one-man CPR
  - Mock code
Nurse Scholar in Residence Seminar

- Annual half-day seminar during Nurses’ Week
- Chaired by the Nurse Scholar in Residence
  - Dr. Laurie Gottlieb
- Features a key speaker who is an expert in the field
- Puts Florence Nightingale’s vision to practice
  - Examines different aspects of nursing practice, including theory, clinical practice, research
Scholarly Work

* The preparation of presentations, lectures, publications is included in non-accredited hours
  * Course preparation
  * Teaching in educational institutions
  * Preparing conference presentations (oral, poster)
  * Preparing manuscripts for publication
Concluding Remarks

* Importance of nursing education for patient safety and quality of care
  * Study of 78 hospitals: nurse sin hospitals with less mortality and morbidity had higher levels of training and development (Aiken et al., 2002)
  * Professional development is a criterion of evaluation
    Magnet Hospitals: Magnet Hospitals show better patient outcomes (Kramer et al., 2005)


Thank you!

Questions

Please see “Pratique infirmière-Encadrement de la pratique – Norme professionnelle”
See the hyperlink at www.oiiq.org